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The One Skill Ebook Leo

Leo Babauta has this wonderful habit of giving gifts every year on his birthday, The One Skill was his birthday present last year. I highly recommend downloading it! It's a beautiful primer on happiness, minimalism and how to let go of what is non-essential in life.

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By Leo Babauta Today marks 41 years of wonderful life that I've lived, and as a birthday present to all of you, I'm publishing a free ebook: The One Skill: How Mastering the Art of Letting Go Will Change Your Life .

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The Power of Less | PDF Book Summary | By Leo Babauta

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Lee Goldberg is a two-time Edgar & two-time Shamus Award nominee and the #1 New York Times bestselling author of over thirty novels, including the fifteen Monk mysteries and the internationally bestselling Fox & O'Hare books (The Heist, The Chase, The Job, The Scam, The Pursuit) co-written with Janet Evanovich. He's also written and/or produced scores of TV shows, including Diagnosis Murder ...

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